

## 2026 Pre-Medicare Benefits At-a-Glance

Please note that while the chart provides a list of covered services, it is important to contact Blue Cross of Idaho before a service is provided to be sure it is covered and to determine if any special requirements need to be met, such as preauthorization. Contact Blue Cross of Idaho by calling the number listed on your ID card.

Benefits	University of Idaho Pre-Medicare Retiree Medical		
	Retiree PPO Plan	Retiree PPO Plan	Retiree HDHP
	In-Network	Out of Network	In- and Out-of-Network
<b>Annual Deductible for Medical Services and Supplies (you pay)</b>			
<b>Individual or Self-Only</b>	\$800 per individual	\$1,200 per individual	\$1,900 for self-only coverage
<b>Family</b>	\$2,400 per family		\$3,800 per family
<b>Preventive Care &amp; Wellness Services – for specifically listed services</b> (plan pays)  <i>For services not listed, you pay your deductible and cost-sharing amount.</i>	You pay nothing; Plan pays 100% of the maximum allowance	Not Covered	You pay nothing; Plan pays 100% of the maximum allowance for in-network services
<p><b>Preventive Care &amp; Wellness Services as required under ACA include, but are not limited to:</b>            Annual adult physical examinations; Bone density; Chemistry panels; Cholesterol screening; Colorectal cancer screening (colorectal cancer screening, fecal occult blood test); Complete Blood Count (CBC); Diabetes screening; Pap test; PSA test; Rubella screening; Screening EKG; Screening mammogram; Thyroid Stimulating Hormone (TSH); Transmittable diseases screening (Chlamydia, Gonorrhea, Human Immunodeficiency Virus (HIV), Human papillomavirus (HPV), Syphilis, Tuberculosis (TB)); Hepatitis B virus screening; Sexually transmitted infections assessment; HIV assessment; Screening and assessment for interpersonal and domestic violence; Urinalysis (UA); Aortic aneurysm ultrasound; Alcohol misuse assessment; Breast cancer (BRCA) risk assessment and genetic counseling and testing for high-risk family history of breast or ovarian cancer; Newborn metabolic screening (PKU, Thyroxine, Sickle Cell); Health risk assessment for depression and/or self-harm; anxiety screening; Newborn hearing test; Lipid disorder screening; Tobacco cessation counseling visit; Dietary counseling; urinary incontinence screening, Behavioral counseling for participants who are overweight or obese; Preventive lead screening; Lung cancer screening for participants age 50 and older; Hepatitis C virus infection screening; healthy diet and physical activity behavioral counseling (cardiovascular disease risk factors).</p> <p><b>Women’s Preventive Care Services</b> - Well Woman visits (for recommended age-appropriate preventive services); breastfeeding support, supplies and counseling.</p> <p><b>Well-Baby Care and Well-Child Care</b> - Routine or scheduled well-baby and well-child examinations, including vision, hearing and developmental screenings.</p> <p><b>Maternity Benefits</b>            Gestational diabetes screening for pregnant women; Iron deficiency screening for pregnant women; Rh (D) incompatibility screening for pregnant women; Urine culture for pregnant women; and behavioral counseling to promote healthy weight gain and prevent excess weight during pregnancy.</p> <p><b>Immunizations</b>            Accellular Pertussis, Diphtheria, Hemophilus Influenza B, Hepatitis B, Influenza, Measles, Mumps, Pneumococcal (pneumonia), Poliomyelitis (polio), respiratory syncytial virus (RSV), Rotavirus, Rubella, Tetanus, Varicella (Chicken Pox), Hepatitis A, Meningococcal, Human Papillomavirus (HPV), Zoster, COVID-19, and Dengue. All Immunizations are limited to the extent recommended by the Advisory Committee on Immunization Practices (ACIP) and may be adjusted accordingly to coincide with federal government changes, updates, and revisions.</p>			

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<b>Annual Medical Cost-Share Maximum</b> Once the deductible is satisfied, cost sharing is paid until the cost-share maximum is satisfied, then the plan pays for 100% of covered services.			
Individual or Self-Only	\$3,850	\$5,600 per individual	\$3,100
Family	\$11,550		\$6,200
Lifetime Benefit Maximum	Unlimited		
Ambulance Transportation Services (Ground or Air) (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Mental Health and Substance Use Disorder Services</b>			
Behavioral Health - Inpatient Services (you pay)	20% of the maximum allowance, after the annual deductible, and \$100 per day copayment up to three (3) days per year per person	35% of the maximum allowance, after the annual deductible, and \$100 per day copayment up to three (3) days per year per person	30% of the maximum allowance, after the annual deductible
Behavioral Health - Outpatient Psychotherapy Services (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
Behavioral Health - Outpatient Applied Behavioral Analysis (ABA) (you pay) (as part of an approved treatment plan)	\$25 copayment per visit, not subject to the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
Behavioral Health - Treatment for Autism Spectrum Disorder (you pay) (Services identified as part of the approved treatment plan)	Covered the same as any other illness, depending on the services rendered. Please see the appropriate section of this table. Visit limits do not apply to treatments for Autism Spectrum Disorder.	Covered the same as any other illness, depending on the services rendered. Please see the appropriate section of this table. Visit limits do not apply to treatments for Autism Spectrum Disorder.	Covered the same as any other illness, depending on the services rendered. Please see the appropriate section of this table. Visit limits do not apply to treatments for Autism Spectrum Disorder.
Behavioral Health - Facility & Other Professional Services (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
Outpatient Nutritional/Dietary Counseling (you pay) (As part of an approved treatment plan and up to 20 visits combined in-network and out-of-network)	\$25 copayment per visit, not subject to the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible

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<b>Blood Services</b> (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Colonoscopy &amp; Sigmoidoscopy Preventive Screen</b>	You pay nothing; plan pays 100% of the maximum allowance	Not Covered	<b>In-network:</b> you pay nothing; plan pays 100% of the maximum allowance <b>Out-of-network: not covered</b>
<b>Bariatric Surgery (pre-authorization required)</b> (you pay)	Separate \$1,500 deductible, then 20% of the maximum allowance after the separate Bariatric deductible (Covered at a Blue Cross of Idaho Center of Excellence Provider Only)	Not Covered	<b>In-network:</b> Separate \$1,500 deductible, then 30% of the maximum allowance after the separate Bariatric deductible (Covered at a Blue Cross of Idaho Center of Excellence Provider Only) <b>Out-of-network: not covered</b>
<b>Diagnostic Services related to Bariatric Surgery</b> (you pay)	20% of the maximum allowance after the separate Bariatric deductible (Covered at a Blue Cross of Idaho Center of Excellence Provider Only)	Not Covered	<b>In-network:</b> 30% of the maximum allowance after the separate Bariatric deductible (Covered at a Blue Cross of Idaho Center of Excellence Provider Only) <b>Out-of-network: Not covered</b>
<b>Contraceptive Services</b>			
<b>Birth Control Pills</b> (you pay)	See Prescription Drug Benefits for more information		
<b>Prescribed Contraceptive Services</b> (includes diaphragms, intrauterine devices (IUDs), Implantables, injections, and tubal ligation) (you pay)	Plan pays 100% of the maximum allowance	35% of the maximum allowance, after the annual deductible	Plan pays 100% of the maximum allowance
<b>Dental Services related to accidental Injury</b> (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Diabetes Self-Management Education</b> (you pay)	20% of the maximum allowance, after the annual deductible	Not Covered	<b>In-network:</b> 30% of the maximum allowance, after the annual deductible <b>Out-of-network: Not covered</b>
<b>Diagnostic Services</b> (you pay) <i>Excluding eligible wellness &amp; preventive care services</i>	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Durable Medical Equipment, Prosthetics &amp; Orthotics</b> (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible

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	Retiree PPO Plan	Retiree PPO Plan	Retiree HDHP
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<b>Emergency Room Co-pay</b> (you pay)	\$100 co-pay per visit	20% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>All Other Emergency Services</b> (you pay) <i>You may be balance billed for out-of-network emergency services.</i>	20% of the maximum allowance, after the annual deductible <i>(Contracting and noncontracting facility providers and facility-based professional providers only)</i>	20% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Hearing Examination</b> <i>Limited to one (1) routine exam per participant per benefit period</i>	You pay nothing; plan pays 100%	Not covered	<b>In-network:</b> Plan pays 100% of the maximum allowance <b>Out-of-network: Not covered</b>
<b>Hearing aid appliances and fitting exams</b> (you pay)  <i>Limited to \$800 per participant per lifetime; Eligible Dependent Children are eligible for one device per ear every three years with no dollar limit</i>	20% of the maximum allowance, after the deductible	35% of the maximum allowance, after the deductible	30% of the maximum allowance, after the deductible
<b>Home Health Skilled Nursing Services</b> (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Hospice Services</b> (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Hospital Services</b> (you pay) – Inpatient – Outpatient – Special Services	20% of the maximum allowance, after the annual deductible And \$100 per day copayment for up to three (3) days per year per person for inpatient services	35% of the maximum allowance, after the annual deductible And \$100 per day copayment for up to three (3) days per year per person for inpatient services	30% of the maximum allowance, after the annual deductible
<b>Injections</b> (you pay)	\$35 copayment per office visit if an office visit is the only service provided during the visit	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Injections – Allergy</b> (you pay)	\$5 copayment per office visit if an office visit is the only service provided during the visit	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Inpatient Physical Rehabilitation Services</b> (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible

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	Retiree PPO Plan	Retiree PPO Plan	Retiree HDHP
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<b>Mammogram Services Preventive Screening</b>	You pay nothing; plan pays 100% of the maximum allowance	Not Covered	<b>In-network:</b> You pay nothing; plan pays 100% of the maximum allowance <b>Out-of-network: Not covered</b>
<b>Mammogram Services Diagnostic Service</b> (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Maternity – Physician Services</b> (you pay)	\$250 copayment, then plan pays 100% of the maximum allowance, not subject to the deductible or cost-sharing	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Maternity – Facility Services</b> (you pay)	20% of the maximum allowance, after the annual deductible and \$100 per day copayment up to three (3) days per year per person	35% of the maximum allowance, after the annual deductible and \$100 per day copayment up to three (3) days per year per person	30% of the maximum allowance, after the annual deductible
<b>Medical Services</b> (you pay) • Inpatient • Outpatient	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Outpatient Cardiac Rehabilitation Services</b> (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Outpatient Pulmonary Rehabilitation Services</b> (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Outpatient Rehabilitation Therapy Services</b> (you pay) • Occupational Therapy • Physical Therapy • Respiratory Therapy • Speech Therapy	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Palliative Care Services</b>	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Post-Mastectomy/ Lumpectomy Reconstructive Surgery</b> (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Prescription Drug Services</b>	CVS Caremark manages prescription drug benefits; please refer to the <i>Summary Plan Description (SPD)</i> for more information.		
<b>Selected Therapy</b> (you pay)	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible

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<b>Benefits</b>	<b>University of Idaho Pre-Medicare Retiree Medical</b>		
	<b>Retiree PPO Plan</b>	<b>Retiree PPO Plan</b>	<b>Retiree HDHP</b>
	<b>In-Network</b>	<b>Out of Network</b>	<b>In- and Out-of-Network</b>
<b>Skilled Nursing Facility (you pay)</b>  <i>Limited to 30 combined inpatient days per benefit period</i>	20% of the maximum allowance, after the annual deductible and \$100 per day copayment up to 3 days per year per person	35% of the maximum allowance, after the annual deductible, and \$100 per day copayment up to 3 days per year per person	30% of the maximum allowance, after the annual deductible
<b>Tobacco Cessation Counseling Services</b>	Approved counseling services are covered at 100%		
<b>Tobacco Cessation Medications</b>	Most generic prescription medications are covered at 100%		
<b>Temporomandibular Joint (TMJ) Syndrome Services (you pay)</b>  <i>Up to a combined \$2,000 (in- and out-of-network) lifetime participant</i>	50% of the maximum allowance, after the annual deductible	50% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible
<b>Transplant Services (you pay)</b>  <i>Limited to a lifetime benefit limit of \$5,000 for related living expenses</i>	20% of the maximum allowance, after the annual deductible	35% of the maximum allowance, after the annual deductible	30% of the maximum allowance, after the annual deductible

Please refer to the Retiree Summary of Plan Description (SPD) for a detailed summary of all Retiree health benefits. The Retiree SPD is available on the benefits webpage.

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## Pre-Medicare Prescription Drug Coverage At-a-Glance Chart

### Retiree PPO Plan

You pay for the full cost of prescription drugs until you meet the per-individual deductible (or two individual deductibles per family).

Pre-Medicare Deductible:

- \$125 individual
- \$250 family

Once you meet the deductible, you will pay 25% coinsurance for your prescription drugs from the retail pharmacy. However, your coinsurance amount will be subject to a minimum and maximum copayment. If you order from the mail order pharmacy, you will pay a flat dollar copayment. This table shows your costs after you've met the deductible.

### Retiree HDHP

In Pre-Medicare Retiree HDHP, you pay 100% of prescription drug costs until your eligible, combined medical and prescription drug expenses satisfy the deductible. Once you satisfy the deductible, you pay 30% of your prescription drug's cost until you reach the out-of-pocket maximum, then the plan pays 100% of covered services.

## Pre-Medicare Prescription Drug Benefits At-a-Glance Chart

Feature	University of Idaho Retiree PPO (Pre-Medicare)				University of Idaho Retiree HDHP (Pre-Medicare)	
	Retail Pharmacy		Mail Order		Retail Pharmacy	Mail Order
	30-day or less supply through CVS Caremark network pharmacies	90 day or less supply through CVS Caremark network pharmacies	61 to 90-day supply through CVS Caremark	90-day supply through CVS Caremark	30-day or 90-day or less supply through CVS Caremark network pharmacies	90-day supply through CVS Caremark network pharmacies
Generic	25% \$12 minimum / \$25 maximum	25% \$36 minimum/ \$75 maximum	25% \$36 minimum/ \$75 maximum		30% after deductible	30% after deductible
Formulary Brand Name*	25%* \$25 minimum / \$75 maximum	25%* \$75 minimum / \$225 maximum	25%* \$75 minimum / \$225 maximum		30% after deductible	30% after deductible
Non-formulary Brand* Name	25%* \$40 minimum / \$100 maximum	25%* \$120 minimum / \$300 maximum	25%* \$120 minimum / \$300 maximum		30% after deductible	30% after deductible

Please refer to the Retiree Summary of Plan Description (SPD) for a detailed summary of all Retiree health benefits. The Retiree SPD is available on the benefits webpage.

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## **Coordinating Benefits with Other Coverages**

If you or your eligible dependents are covered by more than one medical plan, reimbursements are coordinated between plans, so benefits are not duplicated.

### **How the Plans Coordinate Coverage**

Your medical benefits plan has maintenance of benefits (MOB) provision. This provision coordinates benefit payments from all medical plans that cover you and your eligible dependents, so that plan benefits are maintained at the level set by this plan after payments from all sources of coverage have been considered.

When you have a claim for expenses covered by two or more plans, one plan pays benefits first. This is known as the primary plan. The other plan(s), called the secondary plan(s), then determines how much of the covered services, if any, are to be paid from the secondary plan(s). The Order of Benefit Determination rules on the next page govern which plan will be considered primary and pay first, and which plan(s) will be considered secondary.

### **A “plan” is any of the following that provides benefits or services for medical or dental care or treatment:**

- Group and non-group insurance contracts,
- Health maintenance organization (HMO) contracts and subscriber contracts,
- Closed panel plans or other forms of group or group-type coverage (whether insured or uninsured),
- Medical care components of long-term care contracts, such as skilled nursing care,
- Medical benefits coverage in automobile “no fault” and traditional automobile “fault” type contracts.
- Medicare or any other governmental plan, as permitted by law,
- Separate parts of a plan for members of a group that are provided through alternative contracts that are intended to be part of a coordinated package of benefits are considered one plan and there is no MOB among the separate parts of the plan.

If separate plans are used to provide coordinated coverage for a group member, the separate plans are considered parts of the same plan, and there is no MOB among those separate plans.

A plan does not include:

- Hospital indemnity coverage or other fixed indemnity coverage,

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- Accident-only coverage,
- Specified disease or specified accident coverage,
- Limited benefit health coverage, as defined by state law,
- School accident-type coverage,
- Benefits provided in long-term policies services,
- Medicare supplement policies, or
- Medicare, state plans under Medicaid or any other federal governmental plan, unless permitted by law.

***When this medical benefits plan is primary***, it pays or provides its benefits according to this plan's terms of coverage and without regard to the benefits of any other plan.

***When this medical benefits plan is secondary***, it pays the amount necessary to ensure that the total combined amount you receive from this medical benefits plan and the primary plan is no greater than the amount you would have received under this medical benefits plan alone.

### **Example of Secondary Plan Payment**

Under the Order of Benefit Determination Rules, if your enrolled spouse also has medical coverage through his or her employer, your spouse's employer's plan will be the primary payer. The University's benefit plan will be the secondary payer. This means the University's benefit plan will pay up to the amount allowed under this plan's coverage *less* the amount the primary plan already has paid.

For example, let's say that the University's benefit plan provides 80 percent coverage, your spouse's plan covers 50 percent, and your spouse has a covered, payable expense of \$100. Your spouse's primary plan will pay 50 percent of the charge (\$50), and the University's benefit plan will then pay 80 percent of the charge *less* \$50 (in this case, \$30) toward the remaining eligible expense.

But if your spouse's plan pays 80 percent and the University's benefit plan also allows 80 percent, no payment will be made by the University's benefit plan; this is because the maximum benefit of 80 percent has already been paid for the service.

### **Coordination of Benefits with Medicare**

When you or your dependent reaches age 65 or becomes disabled, you or your dependent (as applicable) may be eligible for Medicare benefits. Medicare generally provides coverage for people aged 65 or older, as well as for people entitled to Social Security disability benefits and those with end-stage renal disease. Once you become eligible for Medicare, Medicare will become your

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primary medical coverage and your university retiree medical coverage will become your secondary coverage (note that there is a limited exception in the case of end-stage renal disease).

Once you become eligible for Medicare, you should enroll in Medicare Parts A and B to remain eligible for the University of Idaho retiree health plan. That is because the Retiree Medical Plan integrates with Medicare on a maintenance of benefits basis as if you were enrolled in both Parts – even if you are not. If you do not enroll in Medicare Parts A and B, you may not receive the benefits you are entitled to and, therefore, may end up paying more for your medical care. In addition, you may be subject to late enrollment penalties if you don't enroll in Medicare when first eligible.

You should apply for Medicare two to three months before reaching age 65. Contact your local Social Security office before you reach age 65 for more information about Medicare and your eligibility.

### **Coordination of this Plan's Benefits with Other Benefits**

**The following Order of Benefit Determination Rules governs the order in which each plan will pay a claim for benefits.**

- A plan that covers a patient as an active employee or a primary beneficiary is primary over a plan that covers the patient as a dependent.
- When both parents have medical coverage for their child(ren), the plan of the parent whose birthday comes earlier in the year is the primary plan. If the parents are divorced or legally separated, special rules apply:
- The plan of the natural parent with custody of a dependent child is primary. If the parent in custody remarries, the plan of the stepparent with custody pays second, the plan of the parent without custody pays third and the plan of the stepparent without custody pays last.
- However, if a court decree places financial responsibility for the dependent child's medical care on one parent, that parent's plan always pays first, regardless of who has custody of the child. The plan of the parent with custody pays second, the plan of the stepparent with custody pays third and the plan of the stepparent without custody pays last.
- A plan that covers the person as an active employee (that is, an employee who is neither laid off nor retired) or as a dependent of an active employee is the primary plan. A plan covering that same person as a retired or laid-off employee or as a dependent of a retired or laid-off employee is the secondary plan.
- If a person whose coverage is provided pursuant to COBRA or under a

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right of continuation pursuant to state or other federal law is covered under another plan, the plan covering the person as an employee, member, subscriber or retiree or covering the person as a dependent of such a person is the primary plan, and the plan covering that same person pursuant to COBRA or other continuation law is the secondary plan.

- If the preceding rules do not determine the order of benefits, the plan that covered the person for the longer period of time is the primary plan, and the plan that covered the person for the shorter period of time is the secondary plan.

You may be asked, on an annual basis, to provide or confirm information about other plans under which you or your dependents are covered.