

Environmental Health and Safety

Fall Protection Standard Checklist

This checklist supports the University of Idaho's commitment to a safe work environment by verifying that fall hazards are identified and appropriate OSHA-compliant protections, equipment, and procedures are in place to prevent fall-related injuries during elevated work.

All items must be checked Yes, No, or N/A before work proceeds.

Yes / No / N/A	Checklist Item
☐ Yes ☐ No ☐ N/A	Will employees actually be working, rather than be making an inspection, investigation, or assessment of workplace conditions prior to the actual start of work operations (or after all work operations have been completed)?
☐ Yes ☐ No ☐ N/A	Does the walking/working surface on which the employees will be working have the strength and structural integrity to support them safely?
☐ Yes ☐ No ☐ N/A	Has it been determined that the provision of fall protection (guardrail systems, safety net systems, or personal fall arrest systems) is feasible and will not create a greater hazard than not using them?
☐ Yes ☐ No ☐ N/A	Will each employee working on the walking/working surface with an unprotected side or edge which is above a lower level be protected from falling by the use of guardrail systems, safety net systems, or personal fall arrest systems?
☐ Yes ☐ No ☐ N/A	If a guardrail system has been provided and a controlled access zone has been established for leading edge work, will the control line be used in lieu of a guardrail along the edge that parallels the leading edge?
☐ Yes ☐ No ☐ N/A	If guardrails need to be removed to allow work to take place, will only that portion of the guardrail necessary to accomplish the work be removed?
☐ Yes ☐ No ☐ N/A	Will mechanical equipment only be used on roofs in areas where employees are protected by a guardrail system, personal fall arrest system, or warning line system?



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Yes / No / N/A	Checklist Item
☐ Yes ☐ No ☐ N/A	If work will involve hoisting materials to areas where fall hazards exist, will guardrail or personal fall arrest systems be provided to each employee in the hoist area?
☐ Yes ☐ No ☐ N/A	If employees must lean through an access opening or out over the edge of an access opening during hoisting operations, will they be protected by a personal fall arrest system that prevents movement beyond the edge?
☐ Yes ☐ No ☐ N/A	Will each employee working be protected from falling through holes (including skylights) by the use of covers?
☐ Yes ☐ No ☐ N/A	Will each employee working beneath holes (including skylights) be protected from falling objects by the use of covers?
☐ Yes ☐ No ☐ N/A	Will each employee on the face of form-work or reinforcing steel be protected from falling to lower levels by personal fall arrest systems, safety net systems, or positioning systems?
☐ Yes ☐ No ☐ N/A	Will each employee at the edge of an excavation be protected from falling by a guardrail system, fence, or barricade when the excavation is not readily seen?
☐ Yes ☐ No ☐ N/A	Will each employee at the edge of a well, pit, shaft, or similar excavation be protected from falling by a guardrail system, fence, barricade, or cover?
☐ Yes ☐ No ☐ N/A	Will each employee above dangerous equipment be protected from falling by a guardrail system or equipment guards?
☐ Yes ☐ No ☐ N/A	Will each employee 6 feet or more above dangerous equipment be protected from fall hazards by guardrail systems, personal fall arrest systems, or safety net systems?



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Yes / No / N/A	Checklist Item
☐ Yes ☐ No ☐ N/A	Will employees engaged in roofing activities on low-sloped (less than 4:12) roofs that have unprotected sides and edges 6 feet or more above lower levels be protected from falling by guardrail systems, safety net systems, personal fall arrest systems, or a combination of warning line system and guardrail system, warning line system and safety net system, or warning line system and personal fall arrest system, or warning line system and safety monitoring system (<i>Note: on roofs of 50 feet or less in width, the use of a safety monitoring system without the warning line system is permitted</i>).
☐ Yes ☐ No ☐ N/A	Will employees working on a steep (greater than 4:12) roof with unprotected sides and edges above lower levels be protected by guardrail systems with toe-boards, safety net systems, or personal fall arrest systems?
☐ Yes ☐ No ☐ N/A	Will each employee working near wall openings where the outside bottom edge is above lower levels and the inside bottom edge of the wall opening is less than 42 inches above the walking/working surface be protected by a guardrail system, safety net system, or a personal fall arrest system?
☐ Yes ☐ No ☐ N/A	Will persons exposed to falling objects wear hard hats?
☐ Yes ☐ No ☐ N/A	Will toe-boards, screens, and/or guardrail systems be installed as needed to prevent objects from falling from higher levels?
☐ Yes ☐ No ☐ N/A	Will people be prohibited from entering areas where objects could fall by the use of barricades?
☐ Yes ☐ No ☐ N/A	If a personal fall arrest system is used, does it meet all required specifications for connectors, lifelines, anchorage, strength, inspection, and proper use?
☐ Yes ☐ No ☐ N/A	Will PFAS limit free fall to 6 feet or less, limit arresting force, and prevent contact with a lower level?

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Yes / No / N/A	Checklist Item
☐ Yes ☐ No ☐ N/A	Will PFAS be inspected prior to each use and defective components removed from service?
☐ Yes ☐ No ☐ N/A	Will provisions be made for prompt rescue or assure employees can self-rescue in the event of a fall?
☐ Yes ☐ No ☐ N/A	If positioning device systems are used, are they rigged to prevent free fall greater than 2 feet and secured to proper anchorage?
☐ Yes ☐ No ☐ N/A	If warning line systems are used, are they properly installed, flagged, and maintained with correct height, strength, and distances from edges?
☐ Yes ☐ No ☐ N/A	If controlled access zones are used, are control lines erected, marked, and positioned according to requirements?
☐ Yes ☐ No ☐ N/A	If safety monitoring systems are used, is a competent person designated, monitoring employees, and free from other responsibilities?
☐ Yes ☐ No ☐ N/A	Has a site-specific, written fall protection plan been prepared by a qualified person?
☐ Yes ☐ No ☐ N/A	Will the fall protection plan be maintained at the job site and implemented under the supervision of a competent person?
☐ Yes ☐ No ☐ N/A	Does the fall protection plan document why conventional protection methods are infeasible and identify all applicable locations?

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Yes / No / N/A	Checklist Item
☐ Yes ☐ No ☐ N/A	Have employees been trained by a competent person to recognize fall hazards, proper procedures, and system use?
☐ Yes ☐ No ☐ N/A	Will retraining be provided when changes in workplace conditions or equipment render previous training obsolete?

Checklist is based on IGSHS 074; definitions used in this checklist are found in this standard. Additional IGSHS sections that may be consulted are 070.14 (Guardrail standard) and 050.11 (Safety net system standard).