

Additional Benefits & Services with SHIP

Telehealth Medical:

- Talk to a licensed physician 24 hours a day, 7 days a week.
- Pay no consultation fee.
- Save money and time.
- www.telehealth4students.com

Telehealth Behavioral:

- Psychiatrists, psychologists, and licensed therapists available
- Free of charge
- Convenient access through the HealthiestYou app
- Save money and time.
- www.telehealth4students.com

Relationship must be established with a mental health provider in the U.S. prior to traveling internationally

Student Assist:

- 24/7 in the moment support
- A lawyer's advice
- Answers with financial questions
- To work something out in mediation
- www.uhcsr.com/MyAccount

Global Emergency Services:

- Emergency Medical Evacuation
- Dispatch of Doctors/Specialists
- Medical Repatriation
- Repatriation of Remains
- Online access to worldwide destination intelligence to help plan your travel.
- May also include additional services like worldwide medical referrals and medication/vaccine transfers.



Student Health Insurance Program

Business Office
208-885-2210
studentinsurance@uidaho.edu

Student Health Insurance Plan

Medical Insurance Benefits & Rates

Plan Year 2025-2026



University
of Idaho

Medical Insurance Policy

United HealthCare Student Resources

Policy # 2025-353-1 (Domestic)

Policy # 2025-353-4 (International)

PPO Network – UHC Choice Plus
Rx PBM – Optum RX

*Includes all Essential Health Benefits
mandated by State of Idaho – ACA
Compliant Plan*



This plan is underwritten by UnitedHealthcare Insurance Company and is based on Policy #2025-353-1/4. For a full description of coverage, including costs, benefits, exclusions, and reductions or limitations, and the terms under which the coverage may be continued in force, log on to www.uhcsr.com/uidaho to review the plan information.

UnitedHealthcare Student Resources does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities. ATTENTION: Language assistance services, free of charge, are available to you. Please call 1-866-260-2723. ATENCIÓN: Usted tiene a su disposición servicios de asistencia en otros idiomas, sin cargo. Llame al 1-866-260-2723.
注意：免费提供语言协助服务。請致電 1-866-260-272

Dates & Rates

Dates of Coverage and Rates are for each corresponding term of the Academic Year.

Adding dependents is Voluntary and helps reduce the cost to the student families by providing a group discount at the same cost as the student enrolled.

	Fall 8/25/25 - 1/13/26	Spring 1/14/26 - 8/23/26	Summer 5/12/26 - 8/23/26
Student Only	\$1206	\$1206	\$703.50
Student + Spouse	\$2412	\$2412	\$1407
Student + Spouse + 1 Child	\$3618	\$3618	\$2110.50
Student + Spouse + 2 or more Children	\$4824	\$4824	\$2814

Plan Deductible

Per Policy Year

	Preferred Providers	Out-of-Network Providers
Plan Deductible Per Insured Person	\$500	\$1,000



Out of Pocket Maximums

Per Policy Year

	Preferred Providers	Out-of-Network Providers
Per Insured Person	\$9,100	\$22,200
All Insured in Family	\$12,000	\$24,000