Additional Benefits & Services

Telehealth Services through HealthiestYou

- **Medical Services**
  - Talk to a licensed doctor 24/7 for non-emergency needs from anywhere
- **Mental Health Services**
  - Schedule with a therapist or psychiatrist by phone or video
  - Appointments available 7 days a week (7am to 9pm) - local time to the student
- **Nutrition Services**
  - Work with registered dietitians develop a personalized nutrition program to help you stay healthy
- **HealthiestYou**
  - Call 855-870-5858
  - Download the app
  - www.telehealth4students.com

These services are free for students covered under the UHCSR (SHIP) insurance plan

Student Assist

- Confidential support for personal, academic, legal, and financial concerns
- 24/7 access to professionals
- Services Include:
  - counseling resources, expert referrals, mediation, and help with legal and financial challenges
- www.uhcsr.com/MyAccount

Global Emergency Services

- Emergency Medical Evacuation
- Dispatch of Doctors/Specialists
- Medical Repatriation
- Repatriation of Remains
- Online access to worldwide destination intelligence to help plan your travel
- May also include additional services like:
  - Worldwide Medical Referrals
  - Medication/Vaccine Transfers

Visit us

831 Ash Street
Room 101
Moscow, ID 83844

Office Hours

Monday-Friday
9:00 a.m. - 3:00 p.m.

Contact Us

studentinsurance@uidaho.edu
(208) 885-2210

University of Idaho
Student Health Insurance Program

University of Idaho

STUDENT HEALTH Insurance Plan

Plan Year 2026-2027

Medical Insurance Benefits & Rates

Medical Insurance Policy

Includes all Essential Health Benefits mandated by State of Idaho - ACA Compliant Plan

United HealthCare Student Resources

- PPO Network - UHC Choice Plus
- RX PBM - Optum RX
- Policy# 2026-353-1 (Domestic)
- Policy# 2026-353-4 (International)

University of Idaho
Student Health Insurance Program

This plan is underwritten by United Healthcare Insurance Company and is based on Policy #2026-353-1/4. For a full description of coverage, including costs, benefits, exclusions, and reductions or limitations, and the terms under which the coverage may be continued in force, log on to www.uhcsr.com/uidaho to review the plan information.

UnitedHealthcare Student Resources does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities. ATTENTION: Language assistance services, free of charge, are available to you. Please call 1-866-260-2723. ATENCIÓN: Usted tiene a su disposición servicios de asistencia en otros idiomas, sin cargo. Llame al 1-866-260-2723.
注意：免费提供语言协助服务。請致電 1-866-260-272

Dates & Rates

Adding dependents is voluntary and helps reduce the cost to student families by providing a group discount at the same cost as the enrolled student.

	FALL 8/24/2026 - 1/12/2027	SPRING 1/13/2027 - 8/22/2027	SUMMER 5/17/2027 - 8/22/2027
Student Only	$1,171.50	$1,171.50	$684
Student & Spouse	$2,343	$2,343	$1,368
Student & Spouse + 1 Child	$3,514.50	$3,514.50	$2,052
Student & Spouse + 2 or more Children	$4,686	$4,686	$2,736

For comparison purposes the average monthly cost of SHIP medical and RX coverage, if enrolling for the 12-month term (both fall and spring semesters), is approximately **$195 per month** for 2026-2027.

Plan Deductible

PER POLICY YEAR	In-Network Providers	Out-of-Network Providers
Deductible	$500	$1,000
RX Deductible	$250	$250

Out of Pocket Maximum

PER POLICY YEAR	In-Network Providers	Out-of-Network Providers
Per Insured Person	$9,100	$22,200
All Insured in Family	$12,000	$24,000

Co-pays

PER POLICY YEAR	In-Network Providers	Out-of-Network Providers
Physician Co-pay	$25	50% Coins
Medical Emergency Co-pay	$150	$150 + 20% Coins