

Environmental Health and Safety

First Aid Kits- Contents and Responsibility

First Aid Kit Responsibility:

Departments are responsible for purchase of first aid kits and restocking supplies. A procedure needs to be established to ensure that fully stocked first-aid kits are available and accessible to all employees, and that kits are maintained in a serviceable condition at all times.

First Aid Kit Contents

There are two classes of first aid kits, A and B, scaled to the level of hazard associated with a workplace. The lists below are minimum requirements for each kit.

First Aid Kit Comparison (Class A vs. Class B)

Item	Class A First Aid Kit	Class B First Aid Kit
Adhesive Bandages	16	50
Adhesive Tape	1	2
Antibiotic	10	25
Antiseptic	10	50
Burn Dressing	1	2
Burn Treatment	10	25
Cold Pack	1	2
CPR Barrier	1	1
Eye Covering	2	2
Eye/Skin Wash	1 oz	4 oz
First Aid Guide	1	1
Foil Blanket	1	1
Hand Sanitizer	10	20
Gloves (pairs)	4	8
Roller Bandage (2")	1	2
Roller Bandage (4")	—	1
Scissors	1	1
Splint	—	1
Sterile Pads	2	4
Tourniquet	—	1
Trauma Pads	2	4
Triangular Bandage	1	2

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Supplemental Items

Additional items may be added to first aid kits that might be of use in specific work environments and conditions. Examples of such items are chemical cold packs, topical bee sting medication, saline eyewash solution, and specialty bandages routinely contained in kits.

Ingestible Medications

Due to the possibility that some persons may experience serious allergic or drug interaction reactions if certain over-the-counter medications are taken, ingestible medications are limited to three specific items: aspirin, glucose, and nasal Narcan. The life-saving potential of these medications outweighs possible risks associated with their use. Departments using these ingestible medications carry the responsibility to monitor quality and expiration dates and promptly remove items past any expiration date.

Suitability of Occupation-specific Items

If there is any question as to the suitability of items in relation to injuries which are common to a specific occupation, please call Environmental Health and Safety at 208-885-6524 or email safety@uidaho.edu.

First Aid Kit Locations

Any area where tools (including paper cutters and scissors) are present must have a first aid kit readily visible and accessible.

It is required that all university vehicles used to transport employees be equipped with first aid kits of sufficient size to meet the needs of employees transported in that vehicle. First aid kits also are required at jobsites where first aid supplies, stations, or their equivalent are not readily accessible or available. At least one first aid kit must be available to employees working on construction jobs, line crews, and other transient or short-term jobs.