Internship Admissions, Support, and Initial Placement Data

Date Program Tables are updated: *8/10/2026

Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	_____ **Yes** _X____ **No**
If yes, provide website link (or content from brochure) where this specific information is presented:	

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

The University of Idaho Counseling & Mental Health Center internship offers training and supervised experiences for interns to develop advanced skills by providing the varied services offered through a busy university counseling center. The internship prepares interns to work in university counseling centers as well as many other mental health settings that serve the young adult/adult population. Our educational philosophy is based on a developmental model which emphasizes the integration of scholarly knowledge to the applied practice of psychology. The training faculty is committed to providing excellent and supportive supervision and mentorship to facilitate the development of advanced skills and professional identity. Multicultural competence is an important value of the CMHC and is integrated into didactic and experiential training activities. Major Training Experiences include:

Intervention: Individual Counseling (Major emphasis; Short-term model). Group Counseling (Skill building and process groups.) Urgent/Crisis Counseling (Weekly supervised crisis coverage, no afterhours on-call).

Psychological Assessment & Testing- ADHD/LD assessment (Major emphasis). Other assessments are also possible (ASD, personality, etc.)

Consultation & Outreach- Didactic & experiential training on models of consultation and effective outreach programs. Each intern serves as a consultant/liaison to an affiliate partner office. Interns provide psychoeducational outreach programs on mental health topics to their liaison partners and other campus groups. Other outreach activities include campus mental health screenings.

Diversity-Didactic and experiential training to develop increased awareness, sensitivity, and competence in providing services to a diverse clientele. **Supervision**-Didactic training on models of supervision and competency-based supervision. Applied practice providing nonclinical supervision and mentoring for undergraduate psychology majors.

Alcohol & Other Drugs Assessment & Intervention- Didactic training on harm reduction interventions, motivational interviewing, and more. Experiential activities include campus screenings, individual assessments (BASICS) and counseling, and alcohol and marijuana psychoeducational workshops (CHOICES).

Biofeedback- Didactic & experiential training on the theory and applied practice of biofeedback interventions

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:			
Total Direct Contact Intervention Hours *We will consider applicants who meet the required minimum hours by the start of the internship*	yes		Amount:450
Total Direct Contact Assessment Hours *We will consider applicants who meet the required minimum hours by the start of the internship.*	yes		Amount: 40

Describe any other required minimum criteria used to screen applicants:

- Assessment hours should include experience with neuropsychological and/or psychoeducational assessment (e.g. WAIS, WJ, WIAT).
- Successful completion of all required coursework, practica, and doctoral comprehensive exams prior to the starting date of the internship.
- Endorsement by academic program TD of readiness for internship
- Completion of a minimum of 100 individual counseling hours with adults (age 18+) by start of internship.
- Strong interpersonal skills and ability to work collaboratively with an interdisciplinary team
- Interest and/or experience working in a university/college counseling center setting

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	38,500.	
Annual Stipend/Salary for Half-time Interns	0	
Program provides access to medical insurance for intern?	**Yes**	No
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	**No**
Coverage of family member(s) available?	Yes	**No**
Coverage of legally married partner available?	Yes	**No**
Coverage of domestic partner available?	Yes	**No**
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	96	
Hours of Annual Paid Sick Leave	96	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	**Yes**	No
Other Benefits (please describe): 5 days of professional development leave for job interviews, dissertation defense and other professional activities.		

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2023-2025	
Total # of interns who were in the 3 cohorts	11	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	1	
	PD	**EP**
Academic teaching	0	0
Community mental health center	0	0
Consortium	0	0
University Counseling Center	3	0
Hospital/Medical Center	0	0
Veterans Affairs Health Care System	0	0
Psychiatric facility	0	0
Correctional facility	0	0
Health maintenance organization	0	0

School district/system	0	0
Independent practice setting	4	2
Other		

Note: “PD” = Post-doctoral residency position; “EP” = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.