

EXTENSION UPDATE

UNIVERSITY OF IDAHO, U.S. DEPARTMENT OF AGRICULTURE, AND IDAHO COUNTIES COOPERATING

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Farm-to-Fork News

Planning for a Dry Year: Drought Preparedness

By Jennifer Werlin, Extension Educator in Community Food Systems

This past winter has been unusually dry and warm across the Tetons, with lower-than-average snowpack. As we move into the growing season, gardeners should prepare for limited water supply and possible drought conditions.

Ways to prepare:

- Mulch generously (2–4 inches of straw, wood chips, or shredded leaves) to reduce evaporation.
- Water deeply and less frequently to encourage deep root growth.
- Use drip irrigation or soaker hoses to deliver water directly to roots.
- Water early in the morning to minimize evaporation and disease pressure.
- Collect rainwater or grey water where possible, and group plants with similar water needs together.

Consider drought-tolerant plants: Many natives thrive on minimal supplemental water once established — yarrow, Rocky Mountain penstemon, blue grama grass, and serviceberry are great options. Among vegetables, root crops, dry beans, Swiss



chard, and amaranth are relatively drought-tolerant. Herbs like lavender, sage, thyme, and oregano are naturally drought-hardy and well-suited to our climate.



Hardiness Zone Update for Driggs

The USDA Plant Hardiness Zone for Driggs has shifted to Zone 5b, reflecting slightly warmer average minimum winter temperatures. However, we recommend continuing to plan as if we are in Zone 4. Our area remains highly susceptible to late spring and early fall frosts, and zone maps reflect average minimums, not worst-case scenarios. Relying on Zone 5b assumptions could leave plants vulnerable to unexpected cold snaps.

Garden Planning and Site Assessment

Adequate planning and an early start are key to a successful Teton garden. Begin by mapping your garden site. Sketch exist-

(Continued on page 2)

(Continued from page 1)



ing structures, water sources, and vegetation. Consider sunlight, shade, wind, drainage, and slope. Most plants need 6–12 hours of daily sun, so a south or southwest facing site is optimal, though note that sunny aspects will also need more water. In existing gardens, rotate annuals by plant family (or legumes, roots, fruits, and leaf crops) to prevent nutrient depletion and reduce pests and disease.

Soil Health and Amendments

Before adding fertilizer or amendments, have your soil professionally tested for pH, texture, and nutrient levels. Extension office soil tests typically run \$35–\$65 and are well worth the investment. Testing every few years lets you track changes over time. Regardless of soil type, applying finished compost annually improves soil structure, microorganism activity, and nutrient levels. Basic tools — a trowel, shovel, and hose with a spray nozzle — are all you need to get started. Check thrift stores and garage sales for affordable supplies.

Choosing and Growing Plants

Teton Valley typically has a frost-free period of just 49–65 days. Cool season crops like kale, leafy greens, and radishes are a reliable way to get started. Given our dry winter, prioritize drought-tolerant varieties where possible. To combat our dramatic day-to-night temperature swings, use floating row cover to stabilize soil temperature, removing it when temperatures exceed 85°F. Raised beds, cold frames, container gardening, and hoop houses all extend your

season. Starting seeds indoors or purchasing starts from a local nursery or farm is especially helpful for slower-maturing plants.

Preparing to Plant

Before planting, weed, till, and apply any needed soil amendments. Mulch around plants to suppress weeds, warm the soil, and retain moisture. Make sure soil is dry enough before tilling; it should break

up and crumble easily. Check seed packets for recommended planting dates and ideal soil temperatures and use a kitchen thermometer to test before sowing.

Last, we hope you can join us for a Community Seed Swap & Plant Exchange at the Seed Library at the Valley of the Teton Library in Victor on Wednesday, April 22nd from 4:30-6:30 pm in honor of Earth Day!



Impacting Idaho Video Series

Impacting Idaho Video Series

University of Idaho Extension is making an impact in communities across the state. In the Impacting Idaho series, we will share stories of programs and research that are making a difference in the lives of our citizens.

Episodes:

Episode 1: Addressing Rural Mental Health

University of Idaho Extension has a lasting impact on communities and individuals across the state. In episode one of Impacting Idaho, we discuss how Extension educators are providing education that helps to break down the barriers and stigma around suicide and mental health in our rural communities.

Episode 2: Expanding the Audience for Horticulture Education

University of Idaho Extension has a lasting impact on communities and individuals across the state. In episode two of Impacting Idaho, we highlight a partnership with the North Idaho Correctional Institution to provide horticulture education to residents.

See the Series Playlist

www.youtube.com/playlist?list=PL6g6ZYcM47s_hTs14MWhD4iMm_n7gCJ1

VALLEY OF THE TETONS LIBRARY, TETON FOOD & FARM COALITION
& UNIVERSITY OF IDAHO EXTENSION

EARTH DAY SEED LIBRARY OPEN HOUSE



**JORNADA DE PUERTAS
ABIERTAS DE
LA BIBLIOTECA DE SEMILLAS
DEL DÍA DE LA TIERRA**

**WEDNESDAY, APRIL 22
4:30–6:30 PM, VICTOR BRANCH**

**MIÉRCOLES 22 DE ABRIL
4:30–6:30 PM, SUCURSAL VICTOR**

Join us for an Earth Day celebration at the library. Stop in and explore the seed library and learn about the Teton Food and Farm Coalition and its efforts to strengthen our local food system. Let's grow something together!

Acompáñenos a celebrar el Día de la Tierra en la biblioteca. Visite la biblioteca de semillas y explore el vivero. ¡Cultivemos algo verde juntos!



The University of Idaho is an equal-opportunity educational institution. We offer our programs to persons regardless of race, color, national origin, gender, religion, age, sexual orientation, or disability.





Join the "Teton Valley Beekeepers Association"

Receive discounts on beekeeping classes,
opportunities to check-out equipment, network with
others, and more!

\$15 per year (Individual)

\$20 per year (Couple/Family)

Cash or check made out to:

Teton County, Idaho (Attn: Extension)
150 Courthouse Dr. #208, Driggs, Idaho 83422
jwerlin@uidaho.edu | 208.354.2961

I University of Idaho
Extension
Teton County



OR Extension
DONNEVILLE COUNTY

2026 Idaho Home Garden Tips

2nd & 4th Tuesdays 7:00pm MT

Zoom: <https://uidaho.zoom.us/j/92616935377>

Feb. 10	Growing Potatoes	June 23	How a Tree Works-Tree Biology
Feb. 24	Moon Gardens	July 14	Vertical Gardening
Mar. 10	Nutrient Buffet for Garden Soils	July 28	Insect Borens of Woody Landscape Plants
Mar. 24	Spring Weed Control	Aug 11	Diseases of Ornamental Hardwoods
Apr. 14	Overview of Home Hydroponics	Aug 25	How do you know if you're watering too much or too little
Apr. 28	Growing Blueberries	Sept 8	Small Spaces Gardening
May 12	Cooking with Garden Herbs	Sept 22	TBD
May 26	TBD	Oct 13	TBD
June 9	Leafhoppers	Oct 27	TBD

Scan for more info:



Scan to Join Class:



PLANT TALK

Each class will be followed by plant talk Q&A session with Ron, Reed and Jared! Bring your gardening questions and stump the chump!



For More Information:

208.529.1396
tallen@uidaho.edu



University of Idaho
Extension

S.T.E.E.R Program

STOCK TRANSPORTATION EMERGENCY
EDUCATION AND RESPONSE

LOCATION: MADISON COUNTY

FAIRGROUNDS

460 W 2ND N. REXBURG, ID 83440

Learn the essentials of animal behavior and handling, triage and mortality, brand ID, stress management, trailer walkthrough, and a hands-on portion moving various livestock species.

University of Idaho
Extension

Monday
4/20

TIME 9:00AM - 4:00PM

Register now online or by calling
our office at 208-886-2406

Cost: \$10



Only 30 spots
available to
register!

The University of Idaho is an equal opportunity employer and educational institution. We offer our programs to persons regardless of race, color, national origin, gender, religion, age, sexual orientation, or disability. Persons with disabilities have the right to request reasonable accommodations. Please complete the accommodations form found at <https://uidaho.edu/extension/steer> at least two weeks prior to the event. Individuals with limited English skills must have meaningful access to our programs. If you need this program in a language other than English, contact Selena Garcia at selena@uidaho.edu at least two weeks prior to the event. If we cannot provide an interpreter, translation services will be provided via Google Translate.



Foundations of Building Your Brand

Foundations of Building Your Brand Workshop Series

4 Friday class sessions

April 3, 10, 17, & 24

12 - 1:30 pm PST / 1 - 2:30 pm MST

4 Wednesday group coaching sessions

April 8, 15, 22, & 29

12 - 1:30 pm PST / 1 - 2:30 pm MST



Early Bird Registration: \$35 per person, household, or farm until March 20

Regular Registration after March 20: \$75 per person, household, or farm

Veterans can register for free using promo code Veteran

A 4-part branding strategy workshop to help farm and food businesses clarify, create, and confidently use their brand. Participants will learn what branding truly means beyond just a logo, discover how to choose colors, fonts, and visuals that reflect their mission, and gain clear guidance on applying their branding consistently across digital marketing, print materials, packaging, and product labeling within regulatory guidelines. The course also equips participants with the knowledge to write effective proposals and hire professional designers when needed, ensuring they can continue building a strong, trustworthy brand long after the class concludes.



MEANINGFUL
MARKETPLACE

A Journey of Food and Entrepreneurship

The Meaningful Marketplace Podcast

The Meaningful Marketplace podcast brings listeners inspiring and insightful conversations with food entrepreneurs from the Northwest and Rocky Mountain Region. Each week, host Sarah Masoni, joined by a rotating local food system leader co-host, dives deep into the stories behind the businesses, exploring the unique journeys, challenges, and triumphs of individuals shaping the local food industry.

Here is the list of Idaho businesses that have been featured on the podcast: [Northern Latitude Foods](#), [Ballard Cheese](#), [Free Spirits Beverage Company](#), [Roots Potato Chips](#), [Oma & Popies](#), [Snackivist Foods](#), [Hummuna Hummus](#), [Dilly's Pickled Veggies](#), & [Hillside Grain](#).



Scan QR code to listen:



Free Workshops

- **April — Pressure canning made easy**
Thursday, April 16, noon-1 p.m. Mountain / 11 a.m.-noon p.m. Pacific
Learn the basics to safely use your pressure canner to process shelf-stable foods. [Register Today.](#)
- **May — Jerky making 101**
Thursday, May 21, noon-1 p.m. Mountain / 11 a.m.-noon p.m. Pacific
Learn how easy and fun it can be to safely make jerky at home. [Register Today.](#)
- **July — Harvesting and storing garden vegetables**
Thursday, July 9, noon-1:30 p.m. Mountain / 11 a.m.-12:30 p.m. Pacific
Learn how to identify the proper stage of maturity to harvest garden vegetables for peak flavor, nutrition and quality. [Register Today.](#)
- **July — Air frying fun**
Thursday, July 16, noon-1 p.m. Mountain / 11 a.m.-noon p.m. Pacific
Learn the basics of air frying and how simple it can be to air fry a quick meal. [Register Today.](#)
- **July — Harvesting and storing garden vegetables**
Thursday, July 23, noon-1:30 p.m. Mountain / 11 a.m.-12:30 p.m. Pacific
Learn how to identify the proper stage of maturity to harvest garden vegetables for peak flavor, nutrition, and quality. [Register Today.](#)
- **August — Fermentation basics**
Thursday, Aug. 27, noon-1 p.m. Mountain / 11 a.m.-noon p.m. Pacific
Learn the basics of fermenting foods and enhancing the nutritional value and digestibility of foods. [Register Today.](#)
- **September — Freeze drying done right**
Thursday, Sept. 17, noon-1 p.m. Mountain / 11 a.m.-noon p.m. Pacific
Learn how to operate a freeze dryer, and proper storage of freeze-dried goods. [Register Today.](#)
- **October — Just freeze it**
Thursday, Oct. 22, noon-1 p.m. Mountain / 11 a.m.-noon p.m. Pacific
Learn how to operate a freeze dryer, and proper storage of freeze-dried goods. [Register Today.](#)
- **November — Holiday food hacks!**
Thursday, Nov. 5, noon-1 p.m. Mountain / 11 a.m.-noon p.m. Pacific
Learn the tips and tricks of planning holiday dishes so you will be ready to go when the holiday is here. [Register Today.](#)
- **December — Safe gifts from the kitchen**
Thursday, Dec. 3, noon-1 p.m. Mountain / 11 a.m.-noon p.m. Pacific
Learn fun and easy ways to prepare safe gifts from your kitchen and to avoid those that are not safe. [Register Today.](#)

Register:

<https://www.uidaho.edu/extension/events/food-safety>



Season 4 of the Inland Northwest Artisan Grains™ Podcast Launching Soon!

The goal of the Inland Northwest Artisan Grains™ Podcast is to support the development of artisan grains values-based supply chains and production of value-added artisan grains products in the Inland Northwest region of Idaho, Washington, Oregon, and Montana.



Scan QR code for Podcast :

"Memory Warriors"



ONLINE SUPPORT GROUP FOR PERSONS LIVING WITH DEMENTIA

MEETS EVERY OTHER WEDNESDAYS AT 10:30 A.M.

For more information and to register contact:
Idaho Community Care Program

(208) 898-9826 ccp@a3ssa.com www.a3ssa.com

PARTICIPANTS MUST BE REGISTERED TO RECEIVE THE ZOOM LINK

IDAHO Community Care Program
Elder Management • Advocacy • Support • Resources

SOUTHWEST IDAHO area AGENCY ON AGING

IDAHO Commission on Aging

Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING



MENTAL HEALTH FIRST AID

WHO NEEDS TO KNOW MENTAL HEALTH FIRST AID

- Employees
- Police officers
- Hospital staff
- First responders
- Caring individuals

WHY MENTAL HEALTH FIRST AID?

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

On average, 130 people die by suicide every day. Source: American Foundation for Suicide Prevention	From 1999 to 2019, 841,000 people died from drug overdoses. Source: Centers for Disease Control and Prevention	Nearly 1 in 5 in the U.S. lives with a mental illness. Source: National Institute of Mental Health
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REGISTER TODAY!

Delivery Format:
Blended - a 2-hour self-paced online course, and a 4.5- to 5.5-hour online Zoom instructor-led training

Date, Time, and Cost:
April 16, 2024, 9 am-3:30 pm, Cost: Free

Location:
Online

Where to Register:
Contact Lindsay Blanch at 208-529-1290 or lblanch@uidaho.edu or online at <https://forms.office.com/sg4yR032zK>
For questions, contact Laura Senti at 208-853-1097 or lsenti@uidaho.edu

The course will teach you how to apply the MHFA Action Plan (ALGEE):

- Assess for risk of suicide or harm.
- Listen nonjudgmentally
- Give reassurance and information.
- Encourage appropriate professional help.
- Encourage self-help and other support strategies.



Teton Food and Farm Coalition

The Teton Food and Farm Coalition (TFFC) is a Teton-based group
Serving Jackson Hole and Teton Valley
facilitated by the University of Idaho Extension in Teton County

Our mission is **“To Strengthen our Community Food System”**

TETON FOOD & FARM COALITION MEETING

The 4th Wednesday of every month.
12-1 pm, Zoom

A food coalition is a link to farmers, food processors, distributors, restaurants, nonprofits, and others in community food system projects and policy development. Anyone interested in strengthening our local food economy invited to participate!

Register for meeting by going to: <https://www.tetonfoodfarmcoalition.org>



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4-H coordinator pinch hits as Idaho House's top parliamentarian

UI Extension 4-H coordinator plays key role in Idaho Legislature



Cyrus Vore prepares to address the House floor, with Idaho House Speaker Mike Moyle standing behind him to his right.

BY John O'Connell

Photos by University of Idaho

March 30, 2026

For a few recent weeks, Cyrus Vore, a University of Idaho Extension 4-H Youth Development program coordinator, addressed the floor of the Idaho House of Representatives daily and played a central role in making the legislative process work.

UI Extension enabled Vore, 23, to seize the opportunity of a lifetime for a self-described political junkie — allowing him to fill in as acting chief clerk of the Idaho House of Representatives while continuing his job with the Kootenai County 4-H program remotely.

Throughout most of the 2026 legislative session, Vore read nearly 600 bills, memorials and resolutions to lawmakers, recommended bill committee assignments and did essential behind-the-scenes work. He fulfilled his Extension duties during breaks, nights and weekends.

From his recent experience in the Legislature, he'll bring newfound authority when he facilitates programs covering 4-H pillars such as leadership, civics and government.

"Cyrus represented all of Idaho Extension to all of Idaho, and that's just a huge positive," said Rusty Gosz, director of UI Extension's northern district. "Put your stars out front and let them do their thing, and that's what we got to do with Cyrus."

Working for 4-H is another dream job for Vore, who was a participant in the Kootenai County 4-H program for eight years prior to joining the staff in June of 2025. He believes the program played a major role in preparing him for the successes he's now enjoying.

"At its core, 4-H is really public speaking, meeting with people, shaking hands, making friends, making family," Vore said. "I was constantly doing interviews in 4-H, so when it came to job interviews, I was like, 'Sure, let's do it.'"



From left, Cyrus Vore, UI Extension Northern District Director Rusty Gosz, Interim UI Extension 4-H Youth Development Director Nancy Shelstad, House Speaker Mike Moyle, UI Extension Associate Director Bridger Feuz and UI Extension Eastern District Director Marnie Spencer pose by the speaker's chair.

4-H gave Vore an early taste of the political process. He participated for three years in Know Your Government — an immersive experience that teaches youth about government and the judicial system by challenging

them to play roles in mock hearings and trials. As a high school senior, he was elected state 4-H president and was invited to speak in that capacity during the annual Know Your Government Conference, hosted in Boise.

Vore earned enough dual enrollment credits to graduate from high school in 2021 with associate degrees through Northern Idaho College (NIC) in Coeur d'Alene in political science, pre-law and general studies. Following high school, he attended NIC for a year and earned additional associate degrees in education and early childhood education.

He chose to finish a bachelor's degree in political science at Boise State University (BSU) to be as close as possible to the Idaho State Capitol. During his first year at BSU, Vore accepted a part-time internship with U.S. Sen. Mike Crapo, R-Idaho. While working for Crapo's office, he received an email about another opportunity — serving as assistant chief clerk of the Idaho House of Representatives.

Following his successful application, Vore had a jam-packed schedule in the spring of 2023, taking 19 BSU credits online and working full time for the state Legislature.

"We created all of the physical bills, calendars, vote sheets — all of the physical paper trail and web records," Vore said of his tenure as assistant chief clerk. "Our job was to work everything on the back side so the representatives could do their job without

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having to worry about that kind of stuff.”

After graduating from BSU in the winter of 2023, Vore continued his service as assistant chief clerk for two more legislative sessions, before joining the Extension team and reconnecting with his 4H roots.

Vore and his wife, Kyra, were on their honeymoon when he received a surprise call from his former boss, Chief Clerk Erica McGinnis. McGinnis informed him she would be on maternity leave throughout most of the 2026 session. McGinnis, House Speaker Mike Moyle and the speaker’s chief of staff, Jason Hancock, immediately thought of Vore as the perfect substitute.

“When I told the speaker I would be out on maternity leave, he said, ‘Well, we’ve got to get Cyrus back.’ The speaker pulled the strings and made it happen because Cyrus was the only one who had the next closest level of experience in the office.”

Erica McGinnis

Chief Clerk Idaho House of Representatives

The fact that Vore could accept the job is a testament to the dedication of his county’s 4H volunteers, who assured him they could “hold down the fort” and implored him to go help the Legislature. Vore was also fortunate that spring is the slowest season on the 4H schedule.

The chief clerk works full time during the session as the top parliamentarian for the House, responsible for advising members on parliamentary procedures, maintaining records of proceedings, handling administrative tasks to support the legislative process, performing clerical duties such as bill processing and maintaining the daily journal and supporting the speaker of the House.

All 70 state representatives have come to know Vore by name, and he’s made invaluable connections, which should lay a solid foundation for his goal of eventually campaigning for office.



Members of the Idaho House of Representatives listen while Cyrus Vore addresses them. Vore filled in during the 2026 legislative session as acting clerk of the House.

“I would love to run someday for something — whether that’s at a lower level like county, city or an advisory board — or even for federal office,” Vore said. “That’s been my end goal ever since seventh grade when I won my first election for student government.”

His brief tenure as chief parliamentarian also changed his views about the snail’s pace at which the legislative process proceeds. Rather than slow, he now describes the process as “deliberate” and “methodical,” understanding that painstaking work is necessary to ensure that proposed code adheres to legal precedent and fits well within the Idaho Constitution.

If there’s a lesson in Vore’s experience, he believes it’s to say “yes” when opportunity knocks.

“You never know where life is going to take you so rather than being worried about logistics, say ‘Yes’ and then figure it out,” Vore said. “Don’t start with no.”





TETON COUNTY

Save the Date

Annual 4-H Scholarship Dinner Fundraiser

Teton County Fairgrounds
May 4, 2025
5:00-7:30 PM



The University of Idaho is an equal opportunity employer and educational institution. We offer our programs to persons regardless of race, color, national origin, gender, religion, age, sexual orientation, or disability. Persons with disabilities have the right to request reasonable accommodations. Please complete the accommodations form found at [this link](https://www.uidaho.edu/extension/civil-rights) at least two weeks prior to the event: <https://www.uidaho.edu/extension/civil-rights>.



Teton County 4-H Leader Council Meeting

Wednesday April 15, 2026

6:00–7:30 PM

Location: UI Extension 445 N. Main Driggs

**All 4-H Leaders
4-H Members
Parents, Friends of 4-H**

Officer Nominations: Vice Chair, Treasurer, Teen Leaders

Governance and Bylaws

4-H Annual Scholarship Dinner May the 4th

Fundraising

Teton County Fair

Help shape the future of Teton County 4-H, support youth leadership, and plan meaningful programs that help young people thrive.

4-H Motto: To Make the Best Better



APRIL

SPRING BREAK March 29-April 4th

6th Babysitter Club 4-5:30

- **Swine Club** Meeting 6-8 PM

8th Hams and Lambs Club Meeting 6:30 PM

- **Fair Board Meeting** 7-9 PM

10th Ag-Robotics Competition Practice 10-1

13th Babysitter Club 4-5:30

- **Photography Club** Meeting 6:30-8:30

15th Teton County 4-H leader Council

Meeting 5-6:30 PM Extension Office 445 N. Main

- **ABC 4-H Friday Day Camp Enrollment** through ABC opens
- **4-H Shadow Riders Club** Meeting 6-8:30 PM

16th Art Club 4-5:30

17th Ag-Robotics Competition Practice 10-1

- **Turkey Meeting** 9-10

20th Swine Weigh-in 4-6 PM

21st Babysitter Club 4-5:30

22nd EARTH DAY

- **Hams and Lambs Club** Meeting 6:30 PM

23rd Art Club 4-5:30

24th Ag-Robotics Competition Practice 10-1

25th EARTH DAY Celebration Teton County Fairgrounds 10-1 PM

27th Swine Club Meeting 6-8 PM

28th Babysitter Club 4-5:30

30th Paperwork due by 4 PM

Breeding projects, Horse, Dog, Cat, Poultry

- **Art Club** 4-5:30

MAY

1st Ag-Robotics Competition Practice 10-1

- Applications for Alpine Camp Due

4th 4-H Annual Scholarship Diner

"May the 4th Be With You"

5th Babysitter Club 4-5:30

7th Paperwork due by 4PM Dog, Cat, horse, Poultry

- **Art Club** 4-5:30

8th Alpine 4-H Camp Opening

11th Horse Meeting offsite

12th Babysitter Club 4-5:30

13th Teton County Fair Board Meeting 7 PM County Courthouse

14th Dog Club 5-7 and **Cat Club** 7-8:30

- **Art Club** 4-5:30

15th Ag-Robotics Competition Practice 10-1

16th Alpine Camp Counselor Training Idaho Falls

18th Babysitter Club 4-5:30

- **Sheep and Goat Weigh-in** 4-5:30 Teton County Fairgrounds Scale
- **Photography Club** 6:30-8:30

19th Alpine Cam Meeting 4-5:30

20th Shadow Riders Club Meeting 6-8:30

21st Dog Club 5-7 and **Cat Club** 7-8:30

- **Art Club** 4-5:30

22nd Ag-Robotics Competition Practice 10-1

25th Memorial Day Office Closed

27th Alpine Camp Meeting 4-5:30

28th Dog Club 5-7 and **Cat Club** 7-8:30

- **Art Club** 4-5:30

29th Last Day of School 4-H party picnic 12 PM extension Office

4-H STEM CORPS INSTRUCTOR

at

TETON COUNTY EXTENSION OFFICE

POSITION DETAILS

- SERVICE COMMITMENT
- 450 HOURS 16 WEEKS 25-30 HOURS PER WEEK
- DRIGGS, IDAHO
- APPLY BY APRIL 20TH

BENEFITS

- EARN A LIVING ALLOWANCE!
- \$6,200.00 PAID IN ALLOTMENTS OF \$775.00 EVERY TWO WEEKS
- GET MONEY FOR SCHOOL!
 - EARN EDUCATIONAL AWARD \$1,956.35
- PROFESSIONAL DEVELOPMENT
- NETWORKING

WEEKLY ACTIVITIES

TEACHING STEAM DAY CAMPS OFFERED:

- AGRICULTURE
- ROBOTICS
- LEGO
- ART
- MUSIC

Apply
Now!



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Extension



4-H STEM
CORPS



AmeriCorps
Idaho

serve
IDAHO

AmeriCorps prohibits all forms of discrimination and harassment based on the protected categories of race, color, national origin, sex, age, religion, sexual orientation, disability (mental or physical), gender identity or expression, political affiliation, marital or parental status, pregnancy, reprisal, genetic information (including family medical history), or military service.



ALPINE CAMP FUNDRAISER

FUNDS WILL BE USED TOWARDS
NEW BATHROOM'S AND TO
REPLACE/REPAIR THE CABIN ROOFS

FUNDS CAN BE SENT TO: ALPINE 4-H CAMP INC.
561 W ONEIDA ST, PRESTON, ID 83263

YOU CAN PAY BY ZEPHY THROUGH THE QR CODE OR
MAKE CHECKS PAYABLE TO ALPINE 4-H CAMP

FOR ANY QUESTIONS CALL THE BINGHAM COUNTY 4-H OFFICE
AT (208) 785-8060




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Beyond Ready

More information to
come!
Hosted by Bear Lake
and Bonneville
County Extension

Save the Date 4-H Family Camp 2026!

June 4-6, 2026

Alpine 4-H Camp
Alpine, Wyoming



University of Idaho
Extension



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Persons with disabilities who require alternative means for communication or program information or reasonable accommodations need to contact University of Idaho Center for Disability Access and Resources (CDAR) at least two weeks prior to the event at 208-885-6307, fax 208-885-9404



2026 Eastern Idaho Sewing Workshop

Saturday, May 2nd, 8:30-3:30pm

Bonneville County Extension Office, Carriage House

Looking for project ideas to teach youth?

Come join 4-H Leaders, FCS Teachers and youth mentors as we learn 4 beginner-intermediate projects and teach you how to maintain your machines. For a \$20 registration fee, we provide all the materials for each project, teach you how to *teach* the project, feed you lunch, and provide instructions to use in your teaching.

To register, call (208) 745-6685,
scan the QR code or clicking on the link:
<https://forms.office.com/r/tTnssRwHL2>



Learn Everywhere with 4-H

University of Idaho Extension

Earn High School Credit

Build Life Skills

- ✓ Leadership
- ✓ Professionalism
- ✓ Civic Responsibility
- ✓ Teamwork

Do More With 4-H

LEARN MORE

learneverywhere@uidaho.edu

The University of Idaho prohibits discrimination based on race, color, religion, national origin, sex, marital status, age, gender, sexual orientation, disability, genetic information, or military status. This applies to all programs, services, facilities, admissions, employment, and publications.

Interested....

Contact the **Learn Everywhere with 4-H team** or your local University of Idaho Extension office (**Teton County 208-776-8235 ask for Abby**) to learn more about:

- earning school credit
- enrolling in an approved course
- helping your school to be a participating high school

Email: learneverywhere@uidaho.edu

LEARN EVERYWHERE WITH 4-H

Opportunity for high school credit. Enrollment opens: January 1, 2026

[Learn Everywhere with 4-H](#)

Learn Everywhere in Idaho gives students in grades 7–12 enrolled in public, charter, and online public schools the opportunity to earn high school credit for their 4-H experiences.

Through this program, students enroll in an online course and combine a 4-H project, such as Animal Science or Know Your Government, with lessons written by University of Idaho Extension Educators.

Students complete a minimum of 60 hours of learning, including hands-on project work, a record book, a demonstration of skills, and an interview, along with learning activities that support college and career readiness.

Upon successful completion, participating Idaho schools award high school credit, which is recorded directly on the student's official transcript.

4-H POULTRY JUDGES & LEADERS TRAINING

Jerome High School Ag Building
SATURDAY, APRIL 25, 2026 @ 9:00AM

The Poultry Judging School is for current judges, potential judges, & 4-H poultry leaders. Our goal is to further equip you to be a successful judge/poultry leader. If you are considering becoming a judge, the knowledge offered with this training could benefit you greatly. This program is not to certify or license you, it is a training opportunity unique to any other training you have received.

About the Instructor, Jim Adkins

For the past 35 years, Jim Adkins has raised over 50 breeds and varieties of standard bred poultry (that includes chickens, ducks, geese, and turkeys). Jim has been teaching poultry field days and workshops for the equal amount of time throughout the United States and in other countries as well. In 1994, he received his poultry judging license from the American Poultry Association which has taken him to 30 plus states, Canada as well as Australia to judge standard bred poultry. He is a passionate, effective communicator who loves poultry and loves to teach people about the available opportunities with poultry. He started his poultry interest as a young man who grew up in 4-H, raising & exhibiting poultry in southwest Washington State. For several years he worked in the commercial turkey industry, supervising several ranches that raised over 450,000 turkeys annually. Because of the popular demand for the old heirloom breeds of Standard Bred poultry, he founded the Sustainable Poultry Network USA in 2010. www.spnusa.com He continues to travel the country speaking, instructing, coaching and mentoring poultry enthusiasts.

Copyright © Jim Adkins 2018 Sustainable Poultry Network USA™



**REGISTER BY
APRIL 20th!**

The University of Idaho is an equal opportunity institution. Persons with disabilities have the right to request reasonable accommodations. Please contact the accommodations team based at this site at least two weeks prior to the event: <https://www.uidaho.edu/extension/visit-right> Individuals with limited English skills must have meaningful access to our programs. If the need for program in a language other than English arises, contact ESL@uidaho.edu at least two weeks prior to the event. If we cannot provide an interpreter, translation services will be provided via Google Translate.



4-H POULTRY JUDGES & LEADERS TRAINING AVAILABLE FOR ADULTS & YOUTH 16+ SHOWMANSHIP CLINIC OPEN TO 4-H & FFA YOUTH 8+

HOSTED BY THE CENTRAL DISTRICT VOLUNTEER ASSOCIATION
JEROME HIGH SCHOOL AG BUILDING | SATURDAY, APRIL 25, 2026 @ 9:00AM

Schedule Of Events

- 9:00am Session #1
Introduction To Standard Bred Poultry
- 10:00am Session #2
Handling & Selecting Standard Bred Poultry
- 11:00am Session #3 & #4
Understanding The Judging Process & Techniques
- 12:30pm Session #5
Introduction To Poultry Showmanship
- 1:30pm Lunch
- 2:00-3:30pm
Showmanship Clinic

Location: Jerome High School Ag Building
105 N. Tiger Drive, Jerome, ID
When you enter the high school parking lot, it will be directly to the south. Park in any normally designated parking spot, please do not park next to the bus/van lot in front of the sheep doors.

SCAN THE QR CODES BELOW TO REGISTER:

4-H MEMBERS



<https://id4h.usd.com/register/6655>

NON 4-H



<https://id4h.usd.com/register/6655>

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COST

- \$25/Person Judges & Volunteer Training
- \$10/Person Showmanship Clinic
- \$35 for the whole day
"Lunch will be provided"

PAYMENTS CAN BE SENT OR BROUGHT IN
TO THE BLAINE COUNTY EXTENSION OFFICE:
302 First Ave S
Hailey, ID 83333
OR MADE BY CARD AT
<https://client.pointandpay.net/web/BlaineCounty4HExtension>



NATIONAL 4-H SHOOTING SPORTS TEEN LEADERSHIP INSTITUTE

Applicants must be at least 14 years old and no more than 19 years old on or before January 1, 2026, to apply.

States are required to send applicants who have at least 1 year of 4-H eligibility left as per their state requirements. Ambassadors receive training to go back to their state and become strong leaders and advocates for the program.

All lodging, meals, transportation during the event, and materials are provided through the National 4-H Shooting Sports Committee General Fund. The cost and arrangements for transportation to and from the event will be the responsibility of the participant and/or the State 4-H Program.

Participants should plan to arrive in the afternoon/evening of Tuesday, July 28, 2026. The event will conclude on Friday evening, July 31, 2026. Youth will depart campus between 7:00 a.m. and 10:00 a.m. On Saturday, August 1, 2026, transportation to and from the airport is provided.

A completed application packet includes the following:

1. National 4-H Shooting Sports Teen Leadership Institute Application Form;
2. National 4-H Shooting Sports Teen Leadership Institute Certification Form (complete with all signatures);
3. A resume - including school, 4-H, community memberships, activities, and awards.

Follow the QR Code for the application and more details.

Applications are due to Tami Goetz (tgoetz@uidaho.edu) by April 10, 2026, at the end of the day.



Experience the iconic beauty of

GRAND TETON NATIONAL PARK

AUGUST 17-20, 2026

IDAHO 4-H MILITARY TEEN CAMP

Explore the iconic beauty of Grant Teton National Park and the heart-pounding thrill of whitewater rafting on the Snake River out of Jackson Hole, Wyoming! Eastern Idaho MTAC at the Alpine 4-H Camp, just across the Idaho state line - 75 miles southeast of Idaho Falls minutes from Alpine, Wyoming. This high-adventure, high-energy camp is open to 30 military-connected teens ages 13-18.

Build dynamic and professional skills such as self-responsibility, decision-making, problem-solving, and teamwork through epic activities:

Whitewater rafting in Jackson Hole

Day Hike amid Grand Teton's majestic peaks

Zip-line, archery, air rifle

Youth emotional wellness session

The University of Idaho is an equal opportunity institution. Persons with disabilities have the right to request reasonable accommodations. Please contact the accommodations team based at this site at least two weeks prior to the event: <https://www.uidaho.edu/extension/visit-right> Individuals with limited English skills must have meaningful access to our programs. If the need for program in a language other than English arises, contact ESL@uidaho.edu at least two weeks prior to the event. If we cannot provide an interpreter, translation services will be provided via Google Translate.

IDAHO 4-H INTERNATIONAL EXCHANGE PROGRAMS

Thank you to all counties with Outbound delegates, we are excited to be sending four delegates abroad this summer! Host family applications are open for families interested in hosting a delegate this summer!

UPDATES

IDAHO 4-H INTERNATIONAL EXCHANGE PROGRAMS

INBOUND

Meet Your Delegates

Name (Last, first)	Interests
Maia (20, F) Vietnamese, arts/crafts, museums, learning to cook	
Elia (17, F) German, music, dancing, food, hiking, singing, football, soccer	
Rebekah (20, F) French, dance, volleyball, soccer, high jump, cheer	
Tamara (22, F) Israeli, shopping, video games, dancing, hiking, volleyball	
Elia (20, F) Mexican, video games, soccer, TV, piano, Japanese traditional dance	
Maia (20, F) Chinese, singing, shopping, shopping, painting, reading, ice skating	
Alissa (20, F) Vietnamese, music, TV, swimming, hiking, dancing	
Tara (20, F) Russian, hiking, camping, shopping, video games, soccer, piano	
Kira (20, F) Russian, TV, soccer, painting, hiking, video games, volleyball	

JULY 21- AUGUST 15

Requirements:

- Provide 40 hours of service
- Provide food for 100 people
- Host ability of the same gender within 1 year of age

Apply to Host:
Contact: courtney@idaho.edu

FOR MORE INFORMATION
CONTACT: COURTNEY REIMERS
CRIMERS@IDAHO.EDU

University of Idaho Extension



WANT MORE EXCHANGE STUDENTS IN YOUR COUNTY?

Contact: Courtney Reimers
Email: crimers@idaho.edu

Application link:
states4hexchange.org/apply/host



University of Idaho
Extension



PROGRAMS

INBOUND

WE ARE LOOKING FOR 13 IDAHO FAMILIES TO HOST JAPANESE DELEGATES THIS SUMMER!

JAPAN EXCHANGE DATES:
JULY 21- AUGUST 18

FAMILIES WHO APPLIED FIRST WILL HAVE THE FIRST PICK OF DELEGATES AFTER BIOS ARE RELEASED IN FEBRUARY.

OUTBOUND

CONGRATULATIONS!

PAYETTE COUNTY
GEM COUNTY
TETON COUNTY
KOOTENAI COUNTY

EACH COUNTY HAS ONE DELEGATE APPLIED TO GO OUTBOUND THIS SUMMER!

SHOUT OUT

THANK YOU, BEYOND READY AND 4-H STEM ON THE STREETS FOR ALLOWING US TO SPEAK ABOUT THE 4-H EXCHANGE PROGRAMS TO YOUR YOUTH!

VIDEO HERE:
[HTTPS://YOUTU.BE/K10KOSSPBSC](https://youtu.be/K10KOSSPBSC)



University of Idaho
Extension



2026

National Teen Events

www.uidaho.edu/extension/4h/events

Airfare not included

MAR
25-29

Ignite by 4-H

Registration \$1200 open July 15-Aug. 15, 2025

Youth must be at least 14 by January 1, 2026

\$600 scholarships available

WASHINGTON, DC

SEPT
27-30

National 4-H Dairy Conference

Registration \$1000 open April 15-June 1, 2026

Must be at least 15 by January 1 and have two years of Dairy 4-H Projects

MADISON, WI

NOV 27
-DEC 1

National 4-H Congress

Registration \$1100 open May 15-July 1, 2026

Youth in grades 10-12

ATLANTA, GA

FOR MORE INFORMATION

CONTACT:

Mike Knutz mknutz@uidaho.edu

Teresa Tverdy ttverdy@uidaho.edu

The University of Idaho has a policy of nondiscrimination on the basis of race, color, religion (creed), national origin (ancestry), sex, age, sexual orientation, gender identity/expression, pregnancy, disability, marital status, genetic information, or status as any protected veteran or military status. Persons with disabilities who require alternative means for communication, program information or reasonable accommodations to participate in University of Idaho Extension 4-H Youth Development programs need to complete and submit this form (pdf) to the University of Idaho Center for Disability Access and Resources (CDAR) at least two weeks prior to the event. Submit this electronic request form by sending the application and documentation to Center for Disability Access and Resources, 875 Perimeter Drive Moscow, ID 83844-4257, cdar@uidaho.edu, phone 208-885-6307, fax 208-885-9404



2026 4-H Essay Contest The Power of Pollen



For this essay, a 4-H student should answer these questions: How is pollen important to bees? Has pollen been changing in plants and in our landscapes? If so, are those changes affecting bees? When do you observe the most and least pollen in your colonies and how does that impact their temperament and productivity?

Eligibility: The 2026 National 4-H Beekeeping Essay Competition is open to active 4-H Club members only.

Any 4-H Club member who placed first, second or third in previous years of the national competition is NOT eligible to win in 2026; however, state competition winners remain eligible to enter the national competition. Essays entered must encompass the designated topic only. There will be no exceptions.

Competition Rules & Essay Requirements: Any 4-H Club member interested in writing an essay should contact their local 4-H office for competition details. The state selection process must be completed through the 4-H system.

Failure to meet any one of the essay requirements will result in disqualification.

Essay Requirements for National Judging: Essays must be typewritten or computer-generated on single-sided pages and formatted following standard manuscript format using double-spaced type and 12pt font in a legible font face.

Essays must encompass the designated topic in 750 to 1,000 words. Word count does not include sources, works cited, or the writer's biographical statement.

All factual statements and interview references must be cited in "sources" or "bibliography."

Essays will be judged on (a) scope of research, 40%, (b) accuracy, 30%, (c) creativity, 10%, (d) conciseness, 10%, and (e) logical development of the topic, 10%.

On a separate page, please include a brief biographical statement of the writer including mailing address, email address, and phone number. The statement "I verify that AI was not used to create this essay" must also be included at the bottom of the essay and signed.

The deadline for national submission is May 1, 2026. National winners will be announced June 15, 2026.

Each state may submit only ONE entry.

National competition entries may be submitted for judging via mail to the address listed below or email to info@4HHistory.com. Use "4-H Essay Entry from <State>" as the subject line.

Foundation for the Preservation of Honey Bees
400 Town Center St. N, PMB #253
Mooresville, IN 46158-1379

Decisions made by the trustees of the Foundation for the Preservation of Honey Bees during national judging are final. All national competition entries become the property of the foundation and may be used as it sees fit. No essays will be returned.

Awards

Three cash prizes will be awarded in the 2026 National 4-H Beekeeping Essay Competition. The author of the highest-scoring essay will win first prize. The author of the second-highest scoring essay will win second prize. The author of the third-highest scoring essay will win third prize.

First Prize: \$750

Second Prize: \$500

Third Prize: \$250

The three prize-winning essays will be published in the ABF Quarterly, the magazine of the American Beekeeping Federation as well as the national trade magazines. Authors of the three prize-winning essays will be given a complimentary registration to the next ABF annual conference. All authors of essays submitted to the national competition will receive a relevant book on honey bees, beekeeping, or honey.

NATIONAL 4-H HISTORY PRESERVATION

SHARE YOUR 4-H HISTORY

Do you have a 4-H History Story to share?
Send your articles to:
Editor@4HHistory.com

Submissions should be approximately 500 words.



CALL TO ACTION: SEEKING 4-H HISTORY STORIES!
Do you have a story to share?
Submit for the National 4-H History
Preservation news-
letter.Editor@4HHistory.com
- 500 words max.



18 USC 707



18 USC 707

EXTENSION UPDATE

UPCOMING EVENTS

REGISTRATION 4-H 2025-2026 YEAR

Now Open 4h.zsuite.org

FAIR BOARD MEETING

April 8th Teton County Courthouse 7 PM

TETON COUNTY 4-H LEADERSHIP COUNCIL April

15th 5-6:30 UI Extension 445 N. Main Driggs

TETON FARM AND COALITION MEETING

April 22, 2026 12am-1 pm

www.tetonfoodfarmcoalition.org

EARTH DAY SEED LIBRARY OPEN HOUSE

April 22, 2026 4:30-6:30 Valley of the Tetons
Library Victor Branch

TETON COUNTY ANNUAL 4-H SCHOLARSHIP DINNER

May 4, 2026 5-7:30

TETON COUNTY FAIR July 25-August 1, 2026

NATIONAL 4-H DAIRY CONFERENCE

September 27-30 Madison WI.

NATIONAL 4-H CONGRESS

November 27– December 1 Atlanta GA.



CONTACT US

UNIVERSITY OF IDAHO EXTENSION, TETON COUNTY

Mailing Address:

150 Courthouse Dr. #208. Driggs, ID 83422

Physical Address:

445 N. Main St., Driggs, ID. 83422

Phone: 208-776-8235

Email: teton@uidaho.edu

Web: <https://www.uidaho.edu/extension/county/teton/4-h>

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Abby Grundler, 4-H Coordinator

teton4h@uidaho.edu

Lanon Thornton 4-H STEM Assistant

